

Structure Reveals Mechanism Behind Periodic Paralysis





Three states of the voltage-sensing domain (VSD) of a membrane-channel protein. In the normal state, the water-accessible space (magenta) does not extend through the channel, preventing sodium (gray spheres) from passing through. In the disease state, a clear passage allows sodium to leak through, resulting in muscle paralysis. In the "rescued" state, the binding of guanidinium (blue and yellow spheres) effectively closes the channel and blocks sodium leakage. The red sphere represents the location of the disease-causing mutation. The side-chain sticks represent the voltage sensors of the sodium channel.

Hypokalemic periodic paralysis

A rare genetic disorder called hypokalemic periodic paralysis (hypoPP) causes sudden, profound muscle weakness in people who occasionally exhibit low levels of potassium in their blood, or hypokalemia. When a patient is hypokalemic, hypoPP affects the function of the muscles responsible for skeletal movement. The disease has been known to stem from mutations in certain membrane proteins that channel and regulate the flow of sodium into cells. Exactly how the mutation affects the proteins' function, however, was not known. In earlier work, researchers from the Catterall Lab at the University of Washington had solved the structure of a sodium channel called Na_vAb from a prokaryote (single-celled organism). As a next step, the group decided to see if Na_vAb could serve as a model for studying the mutations that cause hypoPP in humans (eukaryotes), with the goal of finding a way to prevent or treat this disorder.

A leak in the pipe?

In a resting state, muscle-cell membranes keep potassium ions and

Scientific Achievement

X-ray crystallography of a membrane protein provided a structural understanding of how a single mutation can result in periodic muscle paralysis.

Significance and Impact

The results suggest possible drug designs that could provide relief to patients with a genetic disorder that causes them to be overcome suddenly with profound muscle weakness.

sodium ions separated, inside and outside the cell, respectively, creating a voltage across the membrane. A chemical signal from a nerve cell sets off a cascade of events that results in sodium ions flowing into the cell, changing the membrane potential and and ultimately triggering muscle contraction.

In theory, the hypoPP mutation creates a small hole through the center of the channel protein's voltage-sensing domain (VSD). Sodium ions can continuously leak through this opening, causing sustained membrane depolarization, which paralyzes the muscle. Under ordinary circumstances, ion pumps that exchange potassium for sodium compensate for this by pumping sodium out while pumping potassium in. But when extracellular potassium concentrations fall below normal, this is no longer possible.

A solution crystallizes

In this study, the researchers compared crystallographic data from mutated and nonmutated (wild-type) Na,Ab sodium channels. The results were combined with electrophysiological data on the channels' gating pore currents. In addition, the researchers crystallized one Na,Ab mutant from solution with a compound called guanidinium, which has been known to provide relief from symptoms of hypoPP.

The structures were solved using protein crystallography data collected at ALS Beamlines 8.2.1 and 8.2.2, part of the Berkeley Center for Structural Biology. The very stable and bright ALS beam enabled the collection of high-quality, high-resolution data, and the ability to screen hundreds of crystals efficiently through remote access was crucial to the success of this work.

Closing the gate

One of the mutant structures clearly revealed a continuous hole in the VSD, capable of causing an abnormal sodium leak. Because the measured gating pore current in the mutant was very small, the researchers were surprised that they could see such an obvious hole in the VSD crystal structure. The structures also showed that guanidinium can indeed block the pore created by the mutation and stop the sodium leak without altering the voltage sensor's ability to function. This work not only provides a structural basis for understanding how the gating pore current causes periodic paralysis, it may also provide molecular templates for design and development of drugs that would mimic guanidinium, block gating pore current, and provide symptomatic relief of periodic paralysis.

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